1. (Currently amended) A planar structure expandable into a 3-D structure, the planar structure comprising: first and second spaced side beams which extend <u>continuously</u> along a longitudinal axis; and a plurality of spaced cross-bands which connect the side beams together wherein a first set of the cross-bands are expandable in a first direction substantially

2. (Original) The planar structure as claimed in claim 1, wherein a second set of the cross-bands are expandable in a second direction substantially opposite the first-direction to form a mesh-like 3-D structure.

perpendicular to the longitudinal axis to form a 3-D structure.

3. (Original) The planar structure as claimed in claim 2, wherein adjacent crossbands are expandable in the opposite directions to form a mesh-like 3-D structure.

- 4. (Original) The planar structure as claimed in claim 1, wherein the planar structure plastically deforms during expansion so that the 3-D structure is free standing.
- 5. (Original) The planar structure as claimed in claim 2, wherein the planar structure plastically deforms during expansion so that the 3-D structure has a cylindrical geometry.
- 6. (Original) The planar structure as claimed in claim 2, wherein the 3-D structure is a tubular stent.
- 7. (Original) The planar structure as claimed in claim 1, wherein the planar structure includes a conductive foil.
- 8. (Original) The planar structure as claimed in claim 1, wherein each of the crossbands includes a series of folded beams.
- 9. (Original) The planar structure as claimed in claim 8, wherein the folded beams have an involute pattern.
- 10. (Original) The planar structure as claimed in claim 8, wherein the folded beams have a switchback pattern.

11. (Original) The planar structure as claimed in claim 8, wherein each of the crossbands includes hinges for interconnecting adjacent folded beams.

- 12. (Original) The planar structure as claimed in claim 1, wherein the side beams and cross-bands include biocompatible surface coatings.
- 13. (Original) The planar structure as claimed in claim 1, wherein the side beams and cross-bands are made of a biocompatible metal.
- 14. (Original) The planar structure as claimed in claim 1, wherein the cross-bands are made of a shape-memory alloy and wherein the planar structure is self-expandable.
- 15. (Original) The planar structure as claimed in claim 1, wherein the side beams and cross-bands are made of at least one of a biocompatible and a biodegradable polymer.
- 16. (Original) The planar structure as claimed in claim 1, wherein the side beams and cross-bands are formed by removing material from a sheet of material.
- 17. (Original) The planar structure as claimed in claim 16, wherein the sheet of material includes conductive foil and wherein side beams and cross-bands are formed by electric discharge machining the conductive foil.
- 18. (Original) The planar structure as claimed in claim 1, wherein at least the first side beam includes a link portion having a mechanical strength lower than other portions of the first side beam to allow the first side beam to break at the link portion during expansion of the first set of cross-bands.
- 19. (Original) The planar structure as claimed in claim 18, wherein the link portion is thinned relative to the other portions of the first side beam.
- 20. (Original) The planar structure as claimed in claim 18, wherein the link portion is made of a fragile material relative to the other portions of the first side beam.
- 21. (Original) The planar structure as claimed in claim 18, wherein the 3-D structure is a helical coil.

Docket No.: 30275/2419

22. (Original) The planar structure as claimed in claim 21, wherein the helical coil comprises at least one electrical inductor.

23. (Original) The planar structure as claimed in claim 21, wherein the helical coil

includes first and second spaced rings at opposite ends thereof and wherein each of the rings

is formed by an adjacent pair of expanded cross-bands.

24. (Original) The planar structure as claimed in claim 23, wherein at least the first

ring includes a dielectric part which mechanically connects but electrically insulates adjacent

portions of the first ring.

25. (Original) The planar structure as claimed in claim 23, wherein at least the first

ring includes a link portion having a mechanical strength lower than other portions of the first

ring to allow the first ring to break at the link portion during expansion of the first set of

cross-bands to open an electrical path formed by the first ring.

26. (Original) The planar structure as claimed in claim 1, wherein at least one of the

side beams and the cross-bands includes a dielectric part which mechanically connects but

electrically insulates adjacent portions of the at least one of the side beams and the cross-

bands.

27. -35. (Canceled)

36. (New) A stent having a planar structure in a non-expanded position and

expandable into a 3-D structure in an expanded position, the stent comprising:

first and second spaced side beams which extend along a longitudinal axis of the stent

in the non-expanded position;

a first set of cross-bands that connect the side beams together and that are expandable

in a first direction substantially perpendicular to the longitudinal axis, where each cross-band

in the first set includes a plurality of interconnected and folded back first and second beam

sections disposed in a plane of the stent when the stent is in the non-expanded position; and

a second set of cross-bands that connect the side beams together and are expandable

in a second direction substantially opposite the first-direction to form the 3-D structure along

with the first set of cross-bands, where each of the cross-bands in the second set includes a plurality of interconnected and folded back first and second beam sections disposed in the

plane of the stent when the stent is in the non-expanded position.

- 37. (New) The stent as claimed in claim 36, wherein each of the plurality of interconnected and folded back first and second beam sections of the first set of cross-bands are interconnected by a hinge to open to expand the first set of cross-bands into the expanded position.
- 38. (New) The stent as claimed in claim 37, wherein the first set of cross-bands includes six pairs of interconnected and folded back first and second beam sections that cooperate with one another to traverse the space between the side beams.
- 39. (New) The stent as claimed in claim 37, wherein the first set of cross-bands have an involute pattern in which a longest beam section of the plurality of interconnected and folded back first and second beam sections extends perpendicular to the longitudinal axis.
- 40. (New) The stent as claimed in claim 37, wherein the first set of cross-bands have a switchback pattern in which a longest beam section of the plurality of interconnected and folded back first and second beam sections extends parallel to the longitudinal axis.
- 41. (New) The stent as claimed in claim 36, wherein the plurality of interconnected and folded back first and second beam sections of the first set of cross-bands rotate about a center by at least 90° during expansion into the expanded position.
- 42. (New) The stent as claimed in claim 36, wherein the second set of cross-bands are identical to the first set of cross-bands when looking at the stent from a top plan view.
- 43. (New) The stent as claimed in claim 36, wherein the second set of cross-bands are each offset from the first set of cross-bands when looking at the stent from a top plan view.
- 44. (New) The stent as claimed in claim 36, wherein the second set of cross-bands are each 180° rotations of the first set of cross-bands when looking at the stent from a top plan view.

Application No. 10/737,314 Docket No.: 30275/2419
Amendment dated February 21, 2008

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Reply to Office Action of November 21, 2007

45. (New) The stent as claimed in claim 36, wherein each of the first and second side

beams includes a link that is breakable during expansion of the stent.

46. (New) A stent for use with a balloon catheter and comprising:

a unitary stent structure disposed in a plane when in a non-expanded position and

having a longitudinal axis;

the stent structure including first and second parallel spaced apart side beams

extending parallel to the longitudinal axis;

a plurality of cross-bands extending across the stent structure and interconnecting the

side beams;

each of the cross-bands including a plurality of interconnected and folded back beam

sections;

each of the cross-bands arranged to deflect away from the plane of the stent to an

expanded position in response to application of an expansion force from the balloon catheter;

a first set of the cross-beams arranged to deflect away from the plane of the stent in a

first direction; and

a second set of the cross-beams arranged to deflect away from the plane of the stent in

a second direction opposite the first direction.

47. (New) The stent as claimed in claim 46, wherein each of the plurality of

interconnected and folded back beam sections are interconnected by a hinge section, the

hinge section arranged to permit the folded back beam sections to rotate relative to one

another about a rotation axis.

6